

Rietmann **Mediterranean**

Your premix for Mediterranean
snack sticks with chia seeds



SUPER CRUSTY, SUPER MOIST, SUPER TASTY

Mediterranean snack sticks with chia seeds

Rietmann Mediterranean	4.000 kg
Wheat flour T550	6.000 kg
Salt	0.020 kg
Yeast	0.100 kg
Water, approx.	6.100 kg

Total weight **16.220 kg**

Knead:	approx. 5 + 7 mins., 26 - 28°C, Spiral kneader
Dough rest:	60 mins.
Initial weight:	approx. 60 g, (sheet the dough to a approx. 1 cm thickness, then cut into 5 x 15 cm strips)
Proofing interruption:	16 - 20 hrs. at approx. 6°C
Final proof:	approx. 20 mins., room temperature
Bake at:	220°C, falling to 200°C, with steam
Baking time:	approx. 16 mins.

Sprinkle with topping if desired; stipple before baking.

Item no. 0020103



Online recipes



Theodor Rietmann GmbH

Phone 049 (0)6831 937 0

info@rietmann.de

www.rietmann.de