

PROTEIN MUFFIN



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Protein Muffin · Muffin protéiné
Muffin proteici · Muffin de proteína

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Recipe

Rietmann Protein Muffin	1.000 kg
Liquid whole egg	0.420 kg
Vegetable Oil	0.250 kg
Water	0.500 kg
Total	.2.170 kg



Rezept

Rietmann Protein Muffin	1,000 kg
Vollei flüssig	0,420 kg
Pflanzenöl	0,250 kg
Wasser	0,500 kg
Gesamt	.2,170 kg

Recette

Rietmann Protein Muffin	1,000 kg
Oeuf entier liquide	0,420 kg
Huile végétale	0,250 kg
Eau	0,500 kg
Total	.2,170 kg

Ricetta

Rietmann Protein Muffin	1,000 kg
Uovo intero liquido	0,420 kg
Olio vegetale	0,250 kg
Acqua	0,500 kg
Totale	.2,170 kg

Receta

Rietmann Protein Muffin	1,000 kg
Huevo entero líquido	0,420 kg
Aceite vegetal	0,250 kg
Agua	0,500 kg
Total	.2,170 kg